

The 12th NO-Age/AD Conference *cum* the 4th Norway-UK- China Conference on Ageing and Dementia – a focus on brain resilience

31 August – 1 September 2026

On-line zoom with free registration [here](#)

Room: Domus Medica, Auditorium L-200

Address: Sognsvannsveien 9, 0372 Oslo, Norway

Organizers:

Evandro F. Fang-Stavem (Oslo, Norway)

Lynne Cox (Oxford, UK)

Richard Siow (KCL, UK)

Dag Årsland (KCI of UK and Stavanger of Norway)

Co-organizers

Linda Bergersen, Jon Storm-Mathisen, Hilde Nilsen (UiO, Norway)

Asgeir Kobro-Flatmoen (NTNU, Norway)

Key sponsor(s):

NYO3 (Norway)



Welcome message

The ageing population is growing rapidly across the Nordic countries and beyond, leading to increased healthcare and socioeconomic challenges. Ageing is the primary risk factor for many diseases, including neurodegenerative diseases such as Alzheimer's disease (AD). Our understanding of the molecular mechanisms underlying brain ageing and neurodegeneration remains limited. Norway and the UK have a long-standing tradition in scientific collaborations, especially in the neuroscience area. To address this critical knowledge gap, the Norway-UK Meetings on Ageing and Dementia will provide a dedicated space for researchers to discuss cutting-edge advancements in ageing and dementia, fostering collaboration across disciplines.

Held in Norway and the UK, the meeting series will bring together leaders in the fields to explore key topics, including molecular mechanisms of ageing, multi-omics approaches, artificial intelligence applications, neurodegeneration, and translational drug development. Speakers are leaders in these fields around the world! The meeting series will also strongly support young researchers by reserving space for short talks and a poster session, ensuring the next generation of scientists to play active roles in advancing the field. By facilitating interdisciplinary discussions and collaborations, we aim to drive innovation towards a future of healthy ageing and improved treatments for age-related diseases.

This 4th Norway-UK meeting on ageing and dementia will be focused on brain resilience, in addition to cover other related topics. We thank our platinum sponsor(s) NYO3 (Norway).

Evandro F. Fang-Stavem (University of Oslo, Norway)

Lynne Cox (University of Oxford, UK)

Richard Siow (King's College London, UK)

Dag Årslund (KCI of UK and Stavanger of Norway)



The 12th NO-Age/AD Conference cum the 4th Norway-UK-China Conference on Ageing and Dementia – a focus on brain resilience

31 August – 1 September 2026

Venue: Domus Medica, Auditorium L-200 (Address: Sognsvannsveien 9, 0372 Oslo), University of Oslo, Norway

Organizers: Evandro F. Fang (Oslo, Norway), Lynne Cox (Oxford, UK), Richard Siow (KCL, UK)

On-site and zoom (zoom registration). All welcome, registration free and mandatory



NO-AD



Ole Petter Ottersen
UiO, Norway



David C. Rubinsztein
Cambridge, UK



Linda H. Bergersen
UiO, Norway



Harald Stenmark
UiO, Norway



Mathias Toft
OUS/UiO, Norway



Tormod Fladby
UiO and Ahus, Norway



Kristine B. Walhovd
UiO, Norway



Sebastien Thuault
Nature Ageing



Jens Pahnke
UiO, Norway



Luigi Ferrucci
NIA, USA



Jon Storm-Mathisen
UiO, Norway



Hilde Nilsen
UiO, Norway



Mirre Simons
U. Sheffield, UK



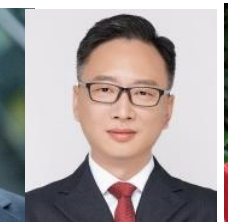
He-Ling WANG
UiO, Norway



Andrea Maier
U. Singapore



Richard Siow
KCL, UK



Guobing Chen
Ji-Nan, China



Istvan Krizbai
BRC, Hungary



Gill Livingston
UCL, UK



Evandro F. Fang
UiO/Ahus, Norway



Per Nilsson
Karolinska, Sweden



A. Kobro-Flatmoen
NTNU, Norway



Beatriz Escobar Doncel
Ahus, Norway



Johannes Frank
Ahus, Norway



Geir Selbæk
UiO, Norway



Dag Årslund
KCI/Stavanger



M. Nedergaard
Copenhagen, DK



Nicola P. Montaldo
OUS/UiO, Norway



Lynne Cox
Oxford, UK



Masud Husain
Oxford, UK



Giovanna Mallucci
Altos Labs,
Cambridge Institute of Science



Martin Vyhnálek
Charles U., CZ



Katerina Veverova
Charles U., CZ



Gregory Moore
Penn State., USA



Hanne F. Harbo
UiO



Wei Yang
KCL



UiO

Pictures: designated institutions

DAY 1 - Monday 31 August 2026

08:00-08:15 Welcome speech by Dean of the Medical Faculty Prof. Dr. Hanne F. Harbo
Opening speech by Prof. Dr. Ole Petter Ottersen on behalf of the Norwegian ageing and brain societies

PART 1: Mechanisms of dementia and other brain diseases (part I)

Chair: Profs. Maiken Nedergaard (Copenhagen, Denmark) and Jon Storm-Mathisen (UiO)

08:15-08:45 David C. Rubinsztein (Cambridge, UK) Mechanisms of neurodegenerative diseases (tentative)
08:45-09:15 Per Nilsson (KI, Sweden) Compromised autophagy contributes to dementia (tentative)
09:15-09:45 Harald Stenmark (UiO, Norway) Regulation of lysosomal homeostasis and its linkage to brain protection (tentative)

09:45-10:00 Break

Chair: Profs. Masud Husain (Oxford) and Geir Selbæk (UiO)

10:00-10:30 (Young Scientists session) He-Ling Wang and Nicola Pietro Montaldo (UiO, Norway) APOE4 and AD (WANG); Genetic risks of neurodegenerative diseases (Montaldo)
10:30-11:00 Asgeir Kibro-Flatmoen (NTNU, Norway) The anatomic original of Alzheimer's disease focusing on the entorhinal cortex (tentative)
11:00-11:30 Jens Pahnke (UiO) ABC transporter BBB function in neurodegenerative and neuroinflammatory diseases (tentative)
11:30-12:00 Giovanna Mallucci (Altos Labs and Cambridge) Mechanisms of prion diseases (tentative)
12:00-13:00 Lunch + Poster session

PART 2: Ageing and dementia

Chair: Profs. Linda Bergersen (UiO) and Andrea Maier (NUS, Singapore)

13:00-13:30 Luigi Ferrucci (NIA) Ageing and diseases (tentative)
13:30-14:00 Guobing Chen (Ji-Nan U) The ageing immune system and the brain (tentative)
14:00-14:30 Istvan Krizbai (BRC, Hungary) The neurovascular unit in physiological and pathological processes of the brain (tentative)
14:30-15:00 Mirre Simons (Sheffield, UK) Mechanisms of ageing and their applications (tentative)

15:00-15:30 Break + poster

Chair: Profs. Dag Årsland (KCL and Stavanger) and Richard Siow (KCL, UK)

15:30-16:00 Kristine B. Walhovd (UiO) Factors that may change brain volume: ageing, education, exercise, and others (tentative)
16:00-16:30 Dag Årsland (KCL and Stavanger) The prevalence of dementia in the community (tentative)
16:30-17:00 Andrea Maier (NUS, Singapore) Geroscience: a clinician's perspective (tentative)

19:30-22:00 (invitation only) Dinner (invitation only): (semi)formal dress code Restaurant
Happy hour (invitation only): Beer in Fridtjof Pub (Address: Fridtjof Nansens plass 7, 0160 Oslo)
Free of one glass of beer /speakers + staff (sponsored by NO-Age AS) Through Prof. Hilde Nilsen

DAY 2 – Tuesday, 01 September 2026

08:00-08:30 Coffee time (with possible speech by the platinum sponsor)

PART 3: Ageing and dementia – perspectives from clinicians and leading journals

Chair: Mathias Toft (OUS, Norway) and David C. Rubinsztein (Cambridge, UK)

08:30-09:00 Gill Livingston (UCL, UK) The Lancet commission: a guideline on dementia control (tentative)

09:00-09:30 Geir Selbæk (UiO) The HUNT cohort for dementia studies (tentative)

09:30-10:00 Martin Vyhánek + Katerina Veverova (Prague, CZ) Clinical applications of autophagy proteins in dementia (tentative)

10:00-10:15 Break

Chair: Luigi Ferrucci (NIA) and Hilde Nilsen (UiO, Norway)

10:15-10:45 Mathias Toft (OUS, Norway) Parkinson's disease

10:45-11:15 Tormod Fladby (Ahus, UiO, Norway) Biomarkers of Alzheimer's disease

11:15-11:45 Masud Husain (Oxford) When the Spark Goes Out - The Neurology of Apathy (tentative)

11:45-12:15 Sebastien Thuault (Editor-in-Chief, Nature Ageing)
Masud Husain (Editor-in-Chief, Brain) How to write good scientific papers

12:15-13:00 Lunch

12:30-13:00 Music show

PART 4: Facing up to the global challenges of ageing and dementia: interventions and policies

Chair: Gill Livingston (UCL, UK) and Giovanna Mallucci (Altos Labs and Cambridge)

13:00-13:30 (Young Scientists session) Beatriz Escobar Doncel and Johannes Frank (Ahus and UiO, Norway) Maintaining mitochondrial homeostasis and M6A in slowing down AD (Doncel); Targeting on ferroptosis and lipid damage to forestall AD (Frank)

13:30-14:00 Gregory Moore (Penn State., USA) The application of AI in disease mechanistic studies and drug development (tentative)

14:00-14:30 Wei Yang (KCL, UK) Health Economics and Policy (tentative)

14:30-15:00 M. Nedergaard (Copenhagen, Denmark) The glymphatic system in maintaining brain cleanliness (tentative)

15:00-15:15 Poster Awards (3 awards: certificate + 10000 NOK travel Award/each)
Chaired by Prof. xxxx

15:15-15:30 Closing speech by the organizers

15:30-19:00 Local hiking

19:30-22:00 Dinner (invitation only) – without going back to hotel Restaurant xxx (Address:)

Organizers



Evandro F. Fang
UiO/Ahus, Norway

Dr. Evandro Fei Fang is a molecular gerontologist whose research focuses on understanding the molecular mechanisms of human ageing and age-related diseases. His team uses bench-top knowledge to guide the development of novel interventional strategies towards human ageing, with a final goal of improving the quality of life in all older people. After finishing his PhD at the Chinese University of Hong Kong, he completed a 6-year postdoc with Prof. Vilhelm Bohr on molecular gerontology and Prof. Mark Mattson on neuronal resilience in Alzheimer's disease at the National Institute on Ageing, Baltimore; he opened his lab in Oslo in the fall of 2017. He is the founding (co)coordinator of the Norwegian Centre on Healthy Ageing network (NO-Age, www.noage100.com), the Norwegian National anti-Alzheimer's disease Network (NO-AD, www.noad100.com), and the Hong Kong-Nordic Research Network.



Lynne Cox
Oxford, UK

Lynne Cox heads the lab of Ageing and Cell Senescence at the University of Oxford. She studied at the University of Cambridge (MA, PhD) and held a Royal Society of Edinburgh fellowship at the University of Dundee, developing initial IP for spin-out Cyclacel. She has served on the UK's All Party Parliamentary Group for Longevity, co-authoring 'Health of the Nation – a strategy for healthier longer lives' launched in 2020 by the UK Secretary of State for Health and Social Care. She is a recipient of the US Glenn Award for research on ageing, and the British Society for Research on Ageing Lord Cohen medal for contributions to ageing science. She co-chairs the European Geriatric Medicine Society Ageing Biology group, co-directs the UK Ageing Research Networks and is Program Director of Dynamic Resilience, a \$60m global healthy longevity program funded by Wellcome Leap and Temasek Trust.



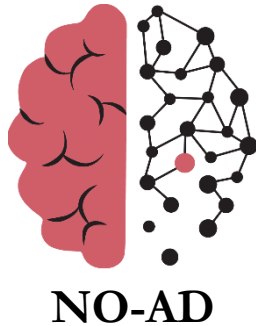
Richard Siow
KCL, UK

Richard is a graduate of King's College London (BSc Nutrition, PhD Cardiovascular Physiology) and followed his degrees with postdoctoral research in the Department of Medicine, University of Cambridge. Since 2015 he has been the Director of Ageing Research at King's (ARK), a cross-university consortium of researchers taking a multidisciplinary approach to better understand the mechanisms of ageing, improving health-span and the social and economic impact of ageing. He is currently a visiting senior academic in the University of Oxford. He is the Secretary General of the European Society of Preventive Medicine. His research team focuses on the role of nutrigenomics and ageing on redox signalling in cardiovascular and cerebrovascular health and disease.



Dag Arsland
KCL/Stavanger

Prof. Dag Årsland is a Professor and Department Head at the Department of Old Age Psychiatry, Institute of Psychiatry, Psychology, and Neuroscience at King's College London. His research takes in a wide range of topics within neuropsychiatry, including Parkinson's disease and dementia with Lewy bodies; he has been a member of many international collaborations in these areas. He was key in the development of the "Parkinson-spectrum Memory Clinic" for patients with PD and Lewy body dementia at the South London and Maudsley NHS Foundation Trust. Årsland is a prolific author and a popular lecturer in his field at international scientific conferences.



Oriel College
University of Oxford



Music Performance
for
The 10th NO-Age/AD meeting *cum* the 3rd Norway-UK meeting

28th November 2025

12:30-13:00

Domus Medica, Auditorium L-200
Sognsvannsveien 9, 0372 Oslo, Norway
FREE attendance

Sigurd

Daniel

Leon

Photos: private





Ole Petter Ottersen
UiO, Norway

Ole Petter Ottersen is a highly accomplished professor of medicine at UiO, holding numerous leadership roles throughout his career. He was past president (rector) of the UiO (Norway) and Karolinska Institutet (Sweden). He has been involved in various academic and research initiatives, both nationally and internationally, and has contributed significantly to the field of neuroscience. With extensive teaching experience, Ottersen has prioritized study quality, internationalization, innovation, and communication. He has received prestigious awards and holds honorary doctorates from esteemed institutions. His scholarly work has made a significant impact, with a high citation count and an h-factor of 113.



Jens Petter Berg
UiO

Berg is a specialist in medical biochemistry (2004). Since 2007, he has been a professor of medical biochemistry at the University of Oslo (UiO), with an adjunct position as a consultant at the OUS, Department of Medical Biochemistry. Since 2010, he has also been a research leader at this department, which is one of eight departments under the hospital's Clinic for Diagnostics and Intervention (KDI). In the period 2013-15, he was acting research leader for KDI and from 2015-18, department head, Department of Medical Biochemistry, OUS. Since 2019, Berg has been vice-dean for research at the Faculty of Medicine, UiO. From Aug 1st, 2025, he is Vice-Rector for life science and health research and innovation at the UiO.



David C. Rubinsztein
Cambridge, UK

David Rubinsztein FRS FMedSci is Professor of Molecular Neurogenetics and a UK Dementia Research Institute Group Leader at the University of Cambridge. His research is focused in the field of autophagy, particularly in the context of neurodegenerative diseases. His laboratory pioneered the strategy of autophagy upregulation as a possible therapeutic approach in various neurodegenerative diseases, and has identified drugs and novel pathways that may be exploited for this objective. He has made contributions that reveal the relevance of autophagy defects as a disease mechanism and to the basic cell biology of this important catabolic process.



Shu-Qin Cao
UiO, Norway

Dr. Shu-Qin Cao is a senior postdoc fellow in the Evandro Fang Laboratory within the University of Oslo (UiO). She holds a bachelor degree from The University of Malaya, Malaysia, and a PhD degree from the Chulalongkorn University, Thailand. She was working as a visiting student in the Fang lab (UiO) from Feb 2020 to Jan 2022 and finished her PhD thesis in the Fang lab and defended her PhD in Oslo via zoom during the pandemic. In her postdoc programme, she is continuing in depth characterization of a few novel mitophagy inducers she has identified during her PhD period. She is also working on NAD⁺ and TFEB in AD. She was the 2025 recipient of the prestigious nasjonalforeningen for folkehelsen postdoc fellowship.



Masud Husain
Oxford, UK

Masud Husain is Professor of Neurology & Cognitive Neuroscience at the University of Oxford and Editor-in-Chief of Brain. Masud studied Medicine at Oxford and was a Harkness postdoctoral Fellow at MIT. He subsequently held positions at Imperial College London and became Professor of Neurology at the Institute of Neurology, UCL and the National Hospital for Neurology & Neurosurgery London, and Deputy Director of the Institute of Cognitive Neuroscience, UCL. He moved to Oxford in 2012, where he leads a research group which studies motivation, decision-making and memory in healthy people and patients with brain disorders.



Harald Stenmark
UiO, Norway

Harald Alfred Stenmark (born 1960) is a Norwegian cancer researcher and cell biologist, known for his studies of the molecular mechanisms that cause normal cells to develop into cancer cells. Since 2018, he has been the head of the Center for Cancer Cell Reprogramming, a Center of Excellence at the University of Oslo (UiO). An early discovery from Stenmark's own research group has proven to be of great importance for our understanding of how cytosolic proteins are recruited to the cell's inner membranes. His research has received international recognition, including awards of King Olav Vs Cancer Research Prize 2014, The Research Council of Norway's award for outstanding research 2015, Fridtjof Nansen Award for Outstanding Research 2021, and Anders Jahre Medical Prize 2022 (main prize).



Ole Andreassen
UiO, Norway

Professor Ole A. Andreassen from the UiO and Oslo University Hospital is a distinguished neuroscientist and psychiatrist specializing in the genetic and neurobiological foundations of severe psychiatric disorders, including schizophrenia and bipolar disorder. He serves as the director of the Norwegian Centre for Mental Disorders Research (NORMENT) and leads comprehensive investigations that integrate advanced neuroimaging, GWAS, computational modeling and bioinformatics. His research has been pivotal in identifying genetic variants and brain structural and functional changes associated with mental illness, providing insights into the molecular and neural mechanisms underpinning psychopathology. He has received numerous prestigious awards, including the Research Council of Norway Award for Outstanding Research and Anders Jahre Medical Prize. His commitment to public dissemination is aimed at reducing the stigma surrounding mental disorders. He is member of the Norwegian Academy of Science and Letters.



Giovanna Mallucci
Cambridge & Altos

Professor Giovanna Mallucci is a Founding Principal Investigator at Altos Labs, Cambridge Institute of Science, Cambridge, UK. She was previously Center Director of the UK Dementia Research Institute and van Geest Professor of Clinical Neurosciences at the University of Cambridge. Her lab pioneered the understanding of the role of the Unfolded Protein Response (UPR) in neurodegenerative diseases and its therapeutic manipulation for neuroprotection, including discovering repurposable drugs now in clinical trials. Her interest in neuroprotection led to the discovery of 'hibernation' proteins in synapse regeneration that can be targeted therapeutically to prevent neurodegeneration. She is a Fellow of the Academy of Medical Sciences and recipient of the 2021 Potamkin Prize for Research in Pick's, Alzheimer's and Related Disorders. In March 2025 she was awarded an Honorary Doctorate (Dr. Honoris Causa) by the Sorbonne University in Paris. Giovanna is a practicing neurologist, specialized in dementia.



Linda H. Bergersen
UiO, Norway

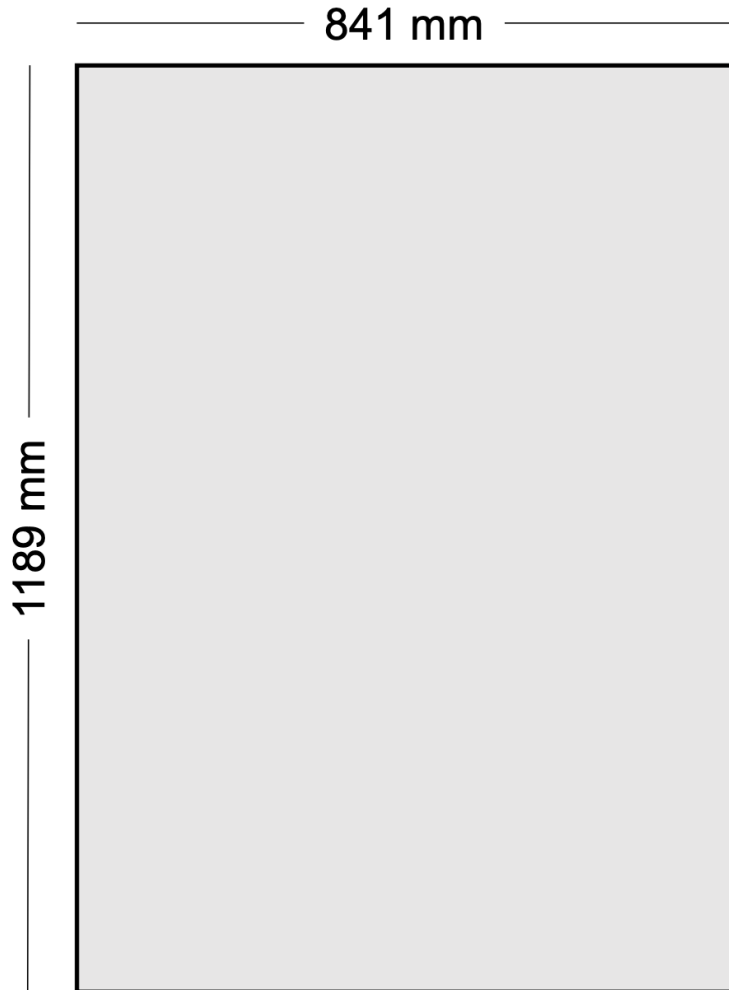
The research group of Dr. Linda Bergersen investigates the role of lactate in pathogenic brain as we age. Dr. Bergersen obtained her PhD from the University of Oslo, and she is now a professor at the University of Oslo, holding multiple roles, including Head of Electron Microscopy Laboratory and Leader of the Brain and Muscle Energy Group, Institute of Oral Biology (IOB), Department of Oral Biology (UiO), Professor in Physiology at the Faculty of Dentistry (UiO), and Professor of Neurobiology of Aging at the Center of Healthy Aging (CEHA), University of Copenhagen, Denmark.



Jon Storm-Mathisen
UiO, Norway

Prof. Jon Storm-Mathisen is a Norwegian brain researcher and is professor emeritus of medicine at the University of Oslo. Retiring officially in 2011, Storm-Mathisen was previously deputy head of the Center for Molecular Biology and Neuroscience. He received the Anders Jahres medical prize in 2006 for his pioneering research on signaling substances in the brain. He received UiO's research prize in 2004. He was also awarded the Nansen Medal and the Lundbeck Prize, and elected member of the Norwegian Academy of Science and Letters. He chaired the inaugural Kavli Prize Committee for Neuroscience.

Poster



How to format your poster:

- ❑ Size: Posters should be no larger than A0 size (841 x 1189 mm), in portrait format
- ❑ On main area of the poster, include a reproduction of your abstract with the following headings (which should be in 40 pt font):
 - Introduction
 - Methods
 - Results
 - Conclusions
 - References
 - Discussion (optional)
- ❑ Recommended fonts are Arial, Calibri, Century Gothic, Geneva, ad Helvetica (San serif fonts)

Welcome to present posters in our meetings ([template of posters in page 13](#)), with best presenters selected with a travel award).

Acknowledgements

The NO-Age and NO-AD Seminar Series



U. of Oslo



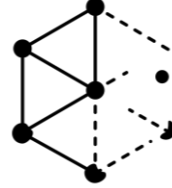
U. of Copenhagen



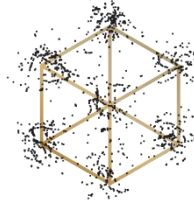
香港中文大學



NTNU



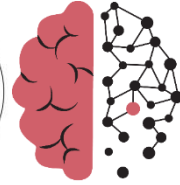
K.G. Jebsen Centre for Alzheimer's Disease



Kavli Institute for Systems Neuroscience



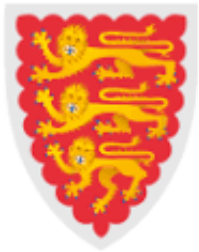
NO-Age



NO-AD



MIT-AD

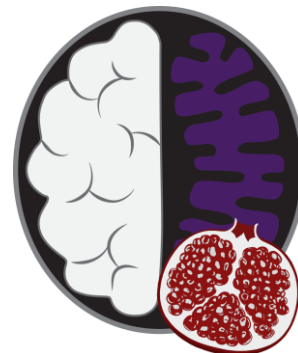


Oriel College
University of Oxford

NYO3[®]



AGE LAB



MitAD


From the Oslo airport to Thon Cecil (or Thon Bristol)

6:00AM - 6:37AM
(37 min)


🚆 FLY1 R12 RE10 RE11 > 🚶


6:03 AM from Oslo lufthavn stasjon
🚶 10 min every 5 min


 Add to Calendar

6:00 AM  Oslo Airport
Edvard Munchs veg, 2061 Gardermoen


🚶 Walk
▼ About 3 min, 210 m

6:03 AM  Oslo lufthavn stasjon

 RE10 Drammen
▼ 27 min (3 stops) · Platform 4

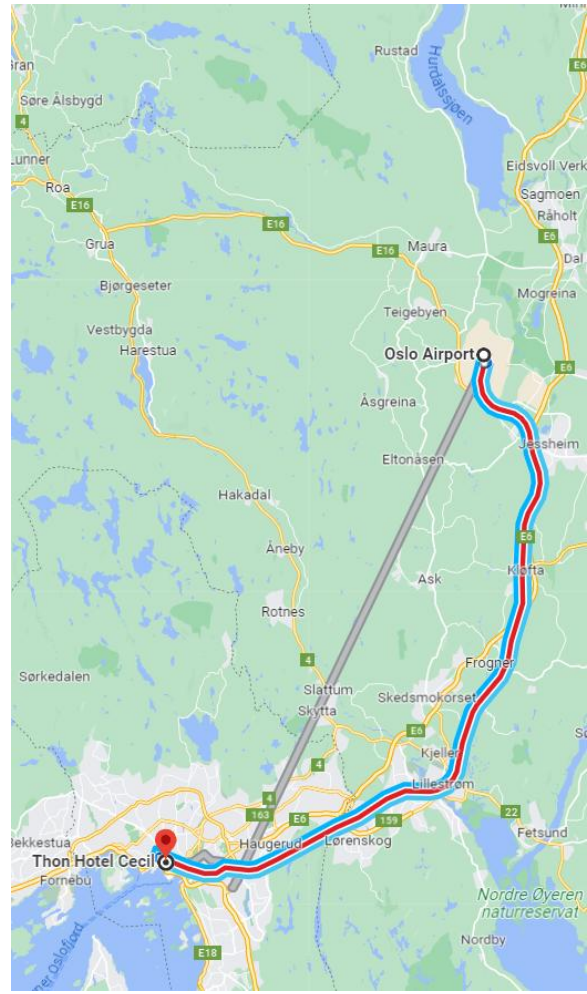
6:30 AM  Nationaltheatret stasjon

🚶 Walk
▼ About 7 min, 550 m

6:37 AM  Thon Hotel Cecil
Stortingsgata 8, 0161 Oslo

You can take either the Express train (FLYTOGET) or the normal train (VY company) to the direction of 'Oslo S', then drop at 'National Theatre' (Nationaltheatret stasjon)

Buy the tickets yourself, then get reimbursed






Tickets and information
Vy - 61 05 19 10

From hotel to meeting room




depart at 9/14/23 07:20


07:20 - 07:41   

20 min





07:25 from Stortinget


07:20  **Thon Hotel Cecil, Stortingsgata 8, 0161 Oslo**

Walk
270 m (4 minutes)


07:25  **Stortinget (Platform 2)**

5 towards Ringen via Majorstuen


-  Delays
There are currently delays on several departures.
Ruter
-  Not serving Stortinget
Due to post-fire work near Grensen, Stortinget stop will be out of service until further notice. Applies in both directions.
Ruter
-  delays
Several departures are unfortunately delayed up to approx. 15 minutes due to an unwanted incident on board a train.
Ruter
-  The metro does not stop at Nationaltheatret
The metro does not stop at Nationaltheatret until further notice. This is due to a fire alarm.
Ruter


07:33  **Forskningsparken**

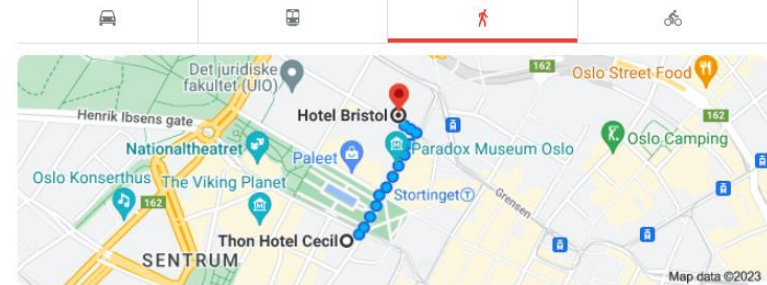
Walk
500 m (8 minutes)

07:41  **Domus Medica tilbygg, Gaustadalléen 34, 0373 Oslo**

Meeting room: Domus Medica, Auditorium L-200

 Thon Hotel Cecil, Stortingsgata 8, 0161 Oslo

 Hotel Bristol, Kristian IVs gate 7, 0164 Oslo



4 min (300.0 m) via Rosenkrantz' gate



Fang lab colleagues **Shu, Janet** and **Tom** will be meeting you at 7:10 in the Thon Cecil hotel and the Thon Bristol hotel (4 min walking distance) to escort you to the meeting room.

We will provide you bus tickets.

As the meeting will be started at 8 am in sharp, we do hope we all could keep in time. Thank you very much.



Shu-qin Cao
UiO, Norway



He-Ling Wang
UiO, Norway



Beatriz Escobar Doncel
Ahus, Norway



Johannes Frank
Ahus, Norway