

The 12th NO-Age/AD Conference *cum* the 4th Norway-UK- China Conference on Ageing and Dementia – a focus on brain resilience

31 August – 1 September 2026

On-line zoom with free registration [here](#)

Room: Domus Medica, Auditorium L-200

Address: Sognsvannsveien 9, 0372 Oslo, Norway

Organizers:

Evandro F. Fang-Stavem (Oslo, Norway)

Lynne Cox (Oxford, UK)

Richard Siow (KCL, UK)

Dag Årsland (KCI of UK and Stavanger of Norway)

Co-organizers

Linda Bergersen, Jon Storm-Mathisen, Hilde Nilsen (UiO, Norway)

Asgeir Kobro-Flatmoen (NTNU, Norway)

Key sponsor(s):

NYO3 (Norway)



Welcome message

The ageing population is growing rapidly across the Nordic countries and beyond, leading to increased healthcare and socioeconomic challenges. Ageing is the primary risk factor for many diseases, including neurodegenerative diseases such as Alzheimer's disease (AD). Our understanding of the molecular mechanisms underlying brain ageing and neurodegeneration remains limited. Norway and the UK have a long-standing tradition in scientific collaborations, especially in the neuroscience area. To address this critical knowledge gap, the Norway-UK Meetings on Ageing and Dementia will provide a dedicated space for researchers to discuss cutting-edge advancements in ageing and dementia, fostering collaboration across disciplines.

Held in Norway and the UK, the meeting series will bring together leaders in the fields to explore key topics, including molecular mechanisms of ageing, multi-omics approaches, artificial intelligence applications, neurodegeneration, and translational drug development. Speakers are leaders in these fields around the world! The meeting series will also strongly support young researchers by reserving space for short talks and a poster session, ensuring the next generation of scientists to play active roles in advancing the field. By facilitating interdisciplinary discussions and collaborations, we aim to drive innovation towards a future of healthy ageing and improved treatments for age-related diseases.

This 4th Norway-UK meeting on ageing and dementia will be focused on brain resilience, in addition to cover other related topics. We thank our platinum sponsor(s) NYO3 (Norway).

Evandro F. Fang-Stavem (University of Oslo, Norway)

Lynne Cox (University of Oxford, UK)

Richard Siow (King's College London, UK)

Dag Årslund (KCI of UK and Stavanger of Norway)



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31 August – 1 September 2026

Venue: Domus Medica, Auditorium L-200 (Address: Sognsvannsveien 9, 0372 Oslo), University of Oslo, Norway

Organizers: Evandro F. Fang (Oslo, Norway), Lynne Cox (Oxford, UK), Richard Siow (KCL, UK)

On-site and zoom (zoom registration). All welcome, registration free and mandatory



UiO

NO-Age/AD



Ole Petter Ottersen
UiO, Norway



David C. Rubinsztein
Cambridge, UK



Linda H. Bergersen
UiO, Norway



Harald Stenmark
UiO, Norway



Mathias Toft
OUS/UiO, Norway



Tormod Fladby
UiO and Ahus, Norway



Kristine B. Walhovd
UiO, Norway



Sebastien Thuault
Nature Ageing



Jens Pahnke
UiO, Norway



Luis Hortells
UiT, Norway



Luigi Ferrucci
NIA, USA



M. Scheibye-Knudsen
Copenhagen, Denmark



J. Storm-Mathisen
UiO, Norway



Hilde Nilsen
UiO, Norway



Mirre Simons
U. Sheffield, UK



He-Ling WANG
UiO, Norway



Andrea Maier
U. Singapore



Richard Siow
KCL, UK



Guobing Chen
Ji-Nan, China



Istvan Krizbai
BRC, Hungary



Hanne F. Harbo
UiO, Norway



Evandro F. Fang
UiO/Ahus, Norway



Per Nilsson
Karolinska, Sweden



A. Kobro-Flatmoen
NTNU, Norway



Beatriz Escobar Doncel
Ahus, Norway



Johannes Frank
Ahus, Norway



Geir Selbæk
UiO, Norway



Dag Årslund
KCI/Stavanger



M. Nedergaard
Copenhagen, DK



Nicola P. Montaldo
OUS/UiO, Norway



Lynne Cox
Oxford, UK



Masud Husain
Oxford, UK



Giovanna Mallucci
Altos Labs,
Cambridge Institute of Science



Martin Vyhnaek
Charles U., CZ



Katerina Veverova
Charles U., CZ



Gregory Moore
Penn State., USA



Gill Livingston
UCL, UK



Wei Yang
KCL, UK



Johanne E Rinholm
UiO, Norway



Pictures: designated institutions

DAY 1 - Monday 31 August 2026

08:00-08:15	Welcome speech by Dean of the Medical Faculty Prof. Dr. Hanne F. Harbo Opening speech by Prof. Dr. Ole Petter Ottersen on behalf of the Norwegian ageing and brain societies	
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PART 1: Mechanisms of dementia and other brain diseases (part I)

Chair: Profs. Maiken Nedergaard (Copenhagen, Denmark) and Jon Storm-Mathisen (UiO)

08:15-08:45	David C. Rubinsztein (Cambridge, UK)	Mechanisms of neurodegenerative diseases (tentative)
08:45-09:15	Per Nilsson (KI, Sweden)	Compromised autophagy contributes to dementia (tentative)
09:15-09:45	Harald Stenmark (UiO, Norway)	Regulation of lysosomal homeostasis and its linkage to brain protection (tentative)

09:45-10:00 Break

Chair: Profs. Masud Husain (Oxford) and Geir Selbæk (UiO)

10:00-10:30 (Young Scientists session)	He-Ling Wang (UiO, Norway) Nicola Pietro Montaldo (UiO, Norway) Luis Hortells (UiT, Norway)	APOE4 and AD (WANG) Mitochondrial DNA Repair: A Key to Preventing Brain Battery Failure in Parkinson's Disease(Montaldo) The TriAGE (Tromsø research initiative for Ageing) and our ageing topics (tentative)
10:30-11:00	Asgeir Kobro-Flatmoen (NTNU, Norway)	The anatomic original of Alzheimer's disease focusing on the entorhinal cortex (tentative)
11:00-11:30	Jens Pahnke (UiO)	ABC transporter BBB function in neurodegenerative and neuroinflammatory diseases (tentative)
11:30-12:00	Giovanna Mallucci (Altos Labs and Cambridge)	Mechanisms of prion diseases (tentative)

12:00-13:00 Lunch + Poster session

PART 2: Ageing and dementia

Chair: Profs. Linda Bergersen (UiO) and Andrea Maier (NUS, Singapore)

13:00-13:30	Luigi Ferrucci (NIA)	Ageing and diseases (tentative)
13:30-14:00	Guobing Chen (Ji-Nan U)	The ageing immune system and the brain (tentative)
14:00-14:30	Mirre Simons (Sheffield, UK)	Mechanisms of ageing and their applications (tentative)
14:30-15:00	Morten Scheibye-Knudsen (Copenhagen, Denmark)	The Impact of DNA Damage & Lifestyle on Aging & Longevity (tentative)

15:00-15:30 Break + poster

Chair: Profs. Dag Årsland (KCL and Stavanger) and Richard Siow (KCL, UK)

15:30-16:00	Kristine B. Walhovd (UiO)	Factors that may change brain volume: ageing, education, exercise, and others (tentative)
16:00-16:30	Dag Årsland (KCL and Stavanger)	The prevalence of dementia in the community (tentative)
16:30-17:00	Istvan Krizbai (BRC, Hungary)	The neurovascular unit in physiological and pathological processes of the brain (tentative)
17:00-17:30	Andrea Maier (NUS, Singapore)	Geroscience: a clinician's perspective (tentative)

19:30-22:00 (invitation only)	Dinner (invitation only): (semi)formal dress code Restaurant Happy hour (invitation only): Beer in Fridtjof Pub (Address: Fridtjof Nansens plass 7, 0160 Oslo)	Free of one glass of beer /speakers + staff (sponsored by NO-Age AS) Through Prof. Hilde Nilsen
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DAY 2 – Tuesday, 01 September 2026

08:00-08:30 Coffee time (with possible speech by the platinum sponsor)

PART 3: Ageing and dementia – perspectives from clinicians and leading journals

Chair: Mathias Toft (OUS, Norway) and David C. Rubinsztein (Cambridge, UK)

08:30-09:00 Gill Livingston (UCL, UK) The Lancet commission: a guideline on dementia control (tentative)

09:00-09:30 Geir Selbæk (UiO) The HUNT cohort for dementia studies (tentative)

09:30-10:00 Martin Vyhánek + Katerina Veverova (Prague, CZ) Clinical applications of autophagy proteins in dementia (tentative)

10:00-10:15 Break

Chair: Luigi Ferrucci (NIA) and Hilde Nilsen (UiO, Norway)

10:15-10:45 Mathias Toft (OUS, Norway) Parkinson's disease

10:45-11:15 Tormod Fladby (Ahus, UiO, Norway) Biomarkers of Alzheimer's disease

11:15-11:45 Masud Husain (Oxford) When the Spark Goes Out - The Neurology of Apathy (tentative)

11:45-12:15 Sebastien Thuault (Editor-in-Chief, Nature Ageing)
Masud Husain (Editor-in-Chief, Brain) How to write good scientific papers

12:15-13:00 Lunch

12:30-13:00 Music show

PART 4: Facing up to the global challenges of ageing and dementia: interventions and policies

Chair: Gill Livingston (UCL, UK) and Giovanna Mallucci (Altos Labs and Cambridge)

13:00-13:30 (Young Scientists session) Beatriz Escobar Doncel (Ahus and UiO, Norway)
Johannes Frank (Ahus and UiO, Norway)
Johanne E Rinholm (UiO, Norway) Maintaining mitochondrial homeostasis and M6A in slowing down AD (Doncel);
Targeting on ferroptosis and lipid damage to forestall AD (Frank)
Exercise to promote healthy brain ageing and the use of organoids (Rinholm)

13:30-14:00 Gregory Moore (Penn State., USA) The application of AI in disease mechanistic studies and drug development (tentative)

14:00-14:30 Wei Yang (KCL, UK) Health Economics and Policy (tentative)

14:30-15:00 M. Nedergaard (Copenhagen, Denmark) The glymphatic system in maintaining brain cleanness (tentative)

15:00-15:15 Poster Awards (3 awards: certificate + 10000 NOK travel Award/each)
Chaired by Prof. xxxx

15:15-15:30 Closing speech by the organizers

15:30-19:00 Local hiking

19:30-22:00 Dinner (invitation only) – without going back to hotel Restaurant xxx (Address:)

Organizers



Evandro F. Fang
UiO/Ahus, Norway

Dr. Evandro Fei Fang is a molecular gerontologist whose research focuses on understanding the molecular mechanisms of human ageing and age-related diseases. His team uses bench-top knowledge to guide the development of novel interventional strategies towards human ageing, with a final goal of improving the quality of life in all older people. After finishing his PhD at the Chinese University of Hong Kong, he completed a 6-year postdoc with Prof. Vilhelm Bohr on molecular gerontology and Prof. Mark Mattson on neuronal resilience in Alzheimer's disease at the National Institute on Ageing, Baltimore; he opened his lab in Oslo in the fall of 2017. He is the founding (co)coordinator of the Norwegian Centre on Healthy Ageing network (NO-Age, www.noage100.com), the Norwegian National anti-Alzheimer's disease Network (NO-AD, www.noad100.com), and the Hong Kong-Nordic Research Network.



Lynne Cox
Oxford, UK

Lynne Cox heads the lab of Ageing and Cell Senescence at the University of Oxford. She studied at the University of Cambridge (MA, PhD) and held a Royal Society of Edinburgh fellowship at the University of Dundee, developing initial IP for spin-out Cyclacel. She has served on the UK's All Party Parliamentary Group for Longevity, co-authoring 'Health of the Nation – a strategy for healthier longer lives' launched in 2020 by the UK Secretary of State for Health and Social Care. She is a recipient of the US Glenn Award for research on ageing, and the British Society for Research on Ageing Lord Cohen medal for contributions to ageing science. She co-chairs the European Geriatric Medicine Society Ageing Biology group, co-directs the UK Ageing Research Networks and is Program Director of Dynamic Resilience, a \$60m global healthy longevity program funded by Wellcome Leap and Temasek Trust.



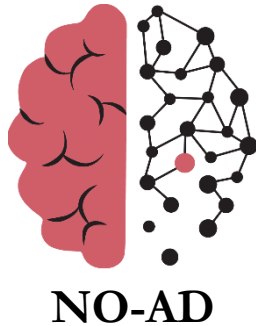
Richard Siow
KCL, UK

Richard is a graduate of King's College London (BSc Nutrition, PhD Cardiovascular Physiology) and followed his degrees with postdoctoral research in the Department of Medicine, University of Cambridge. Since 2015 he has been the Director of Ageing Research at King's (ARK), a cross-university consortium of researchers taking a multidisciplinary approach to better understand the mechanisms of ageing, improving health-span and the social and economic impact of ageing. He is currently a visiting senior academic in the University of Oxford. He is the Secretary General of the European Society of Preventive Medicine. His research team focuses on the role of nutrigenomics and ageing on redox signalling in cardiovascular and cerebrovascular health and disease.



Dag Arsland
KCL/Stavanger

Prof. Dag Årsland is a Professor and Department Head at the Department of Old Age Psychiatry, Institute of Psychiatry, Psychology, and Neuroscience at King's College London. His research takes in a wide range of topics within neuropsychiatry, including Parkinson's disease and dementia with Lewy bodies; he has been a member of many international collaborations in these areas. He was key in the development of the "Parkinson-spectrum Memory Clinic" for patients with PD and Lewy body dementia at the South London and Maudsley NHS Foundation Trust. Årsland is a prolific author and a popular lecturer in his field at international scientific conferences.



Music Performance (proposed)

01 Sep. 2026

12:30-13:00

Domus Medica, Auditorium L-200
Sognsvannsveien 9, 0372 Oslo, Norway

FREE attendance

Sigurd

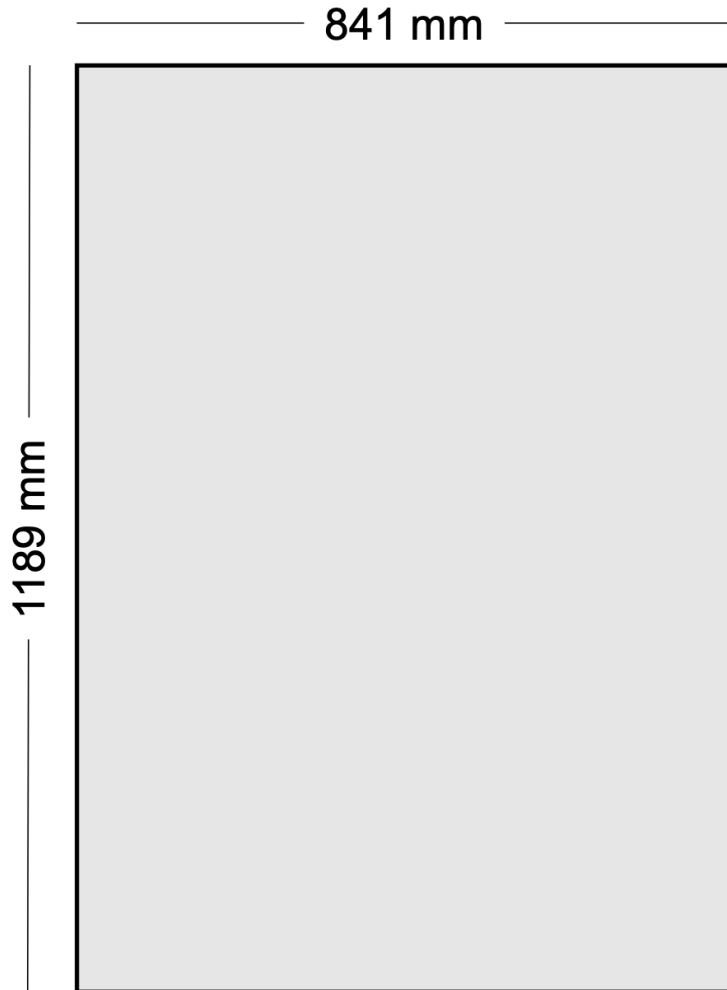
Daniel

Leon

Photos: private



Poster



How to format your poster:

- ❑ Size: Posters should be no larger than A0 size (841 x 1189 mm), in portrait format
- ❑ On main area of the poster, include a reproduction of your abstract with the following headings (which should be in 40 pt font):
 - Introduction
 - Methods
 - Results
 - Conclusions
 - References
 - Discussion (optional)
- ❑ Recommended fonts are Arial, Calibri, Century Gothic, Geneva, ad Helvetica (San serif fonts)

Welcome to present posters in our meetings ([template of posters in page 13](#)), with best presenters selected with a travel award).

Acknowledgements

The NO-Age and NO-AD Seminar Series



U. of Oslo



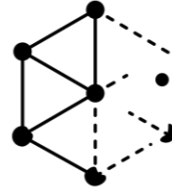
U. of Copenhagen



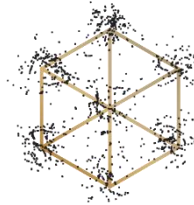
香港中文大學



NTNU



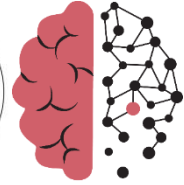
K.G. Jebsen Centre for Alzheimer's Disease



Kavli Institute for Systems Neuroscience



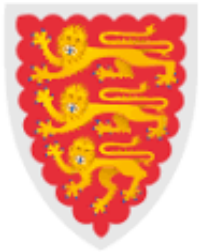
NO-Age



NO-AD



MIT-AD

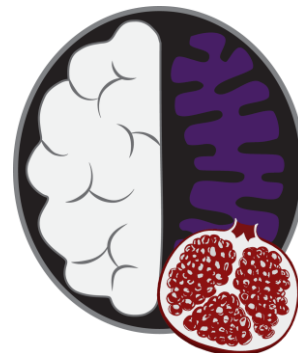


Oriel College
University of Oxford

NYO3[®]



AGE LAB



MitAD

From the Oslo airport to Thon Cecil (or Thon Bristol)

6:00AM - 6:37AM
(37 min)

🚆 FLY1 R12 RE10 RE11 > 🚶

6:03 AM from Oslo lufthavn stasjon
🚶 10 min every 5 min

📅 Add to Calendar

6:00 AM ○ Oslo Airport
Edvard Munchs veg, 2061 Gardermoen

🚶 Walk
▼ About 3 min, 210 m

6:03 AM ○ Oslo lufthavn stasjon

🚆 RE10 Drammen
▼ 27 min (3 stops) · Platform 4

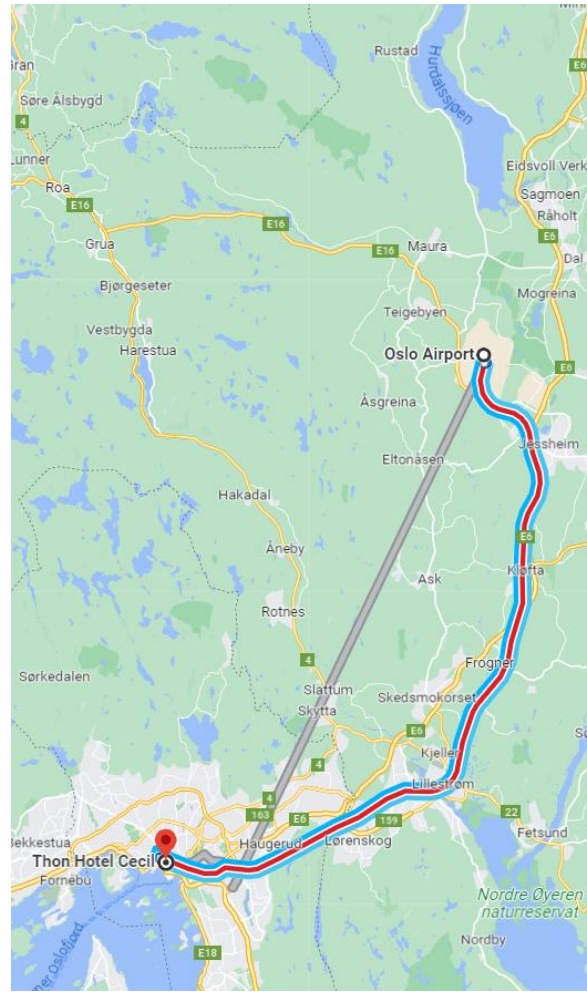
6:30 AM ○ Nationaltheatret stasjon

🚶 Walk
▼ About 7 min, 550 m

6:37 AM ● Thon Hotel Cecil
Stortingsgata 8, 0161 Oslo

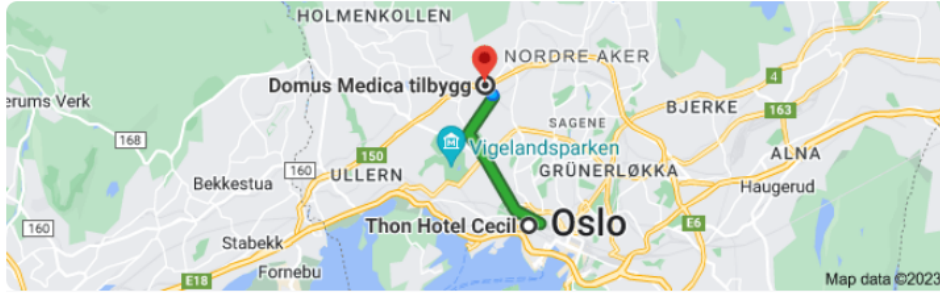
You can take either the Express train (FLYTOGET) or the normal train (VY company) to the direction of 'Oslo S', then drop at 'National Theatre' (Nationaltheatret stasjon)

Buy the tickets yourself, then get reimbursed



Tickets and information
Vy - 61 05 19 10

From hotel to the conference room (Domus Medica, Auditorium L-200)



depart at 9/14/23 07:20

07:20 - 07:41

20 min

07:25 from Stortinget

07:20 **Thon Hotel Cecil, Stortingsgata 8, 0161 Oslo**

Walk
270 m (4 minutes)

07:25 **Stortinget (Platform 2)**

5 towards Ringen via Majorstuen

- Delays**
There are currently delays on several departures.
Ruter
- Not serving Stortinget**
Due to post-fire work near Grensen, Stortinget stop will be out of service until further notice. Applies in both directions.
Ruter
- delays**
Several departures are unfortunately delayed up to approx. 15 minutes due to an unwanted incident on board a train.
Ruter
- The metro does not stop at Nationaltheatret**
The metro does not stop at Nationaltheatret until further notice. This is due to a fire alarm.
Ruter

07:33 **Forskningsparken**

Walk
500 m (8 minutes)

07:41 **Domus Medica tilbygg, Gaustadalléen 34, 0373 Oslo**

Meeting room: Domus Medica, Auditorium L-200

Thon Hotel Cecil, Stortingsgata 8, 0161 Oslo

Hotel Bristol, Kristian IVs gate 7, 0164 Oslo

4 min (300.0 m) via Rosenkrantz' gate

Directions

Fang lab colleagues **Shu, Janet** and **Tom** will be meeting you at 7:10 in the Thon Cecil hotel to escort you to the meeting room.

We will provide you bus tickets.

As the meeting will be started at 8 am in sharp (Day 1), we do hope we all could keep in time. Thank you very much.



Shu-qin Cao
UiO, Norway



He-Ling Wang
UiO, Norway



Beatriz Escobar Doncel
Ahus, Norway



Johannes Frank
Ahus, Norway